

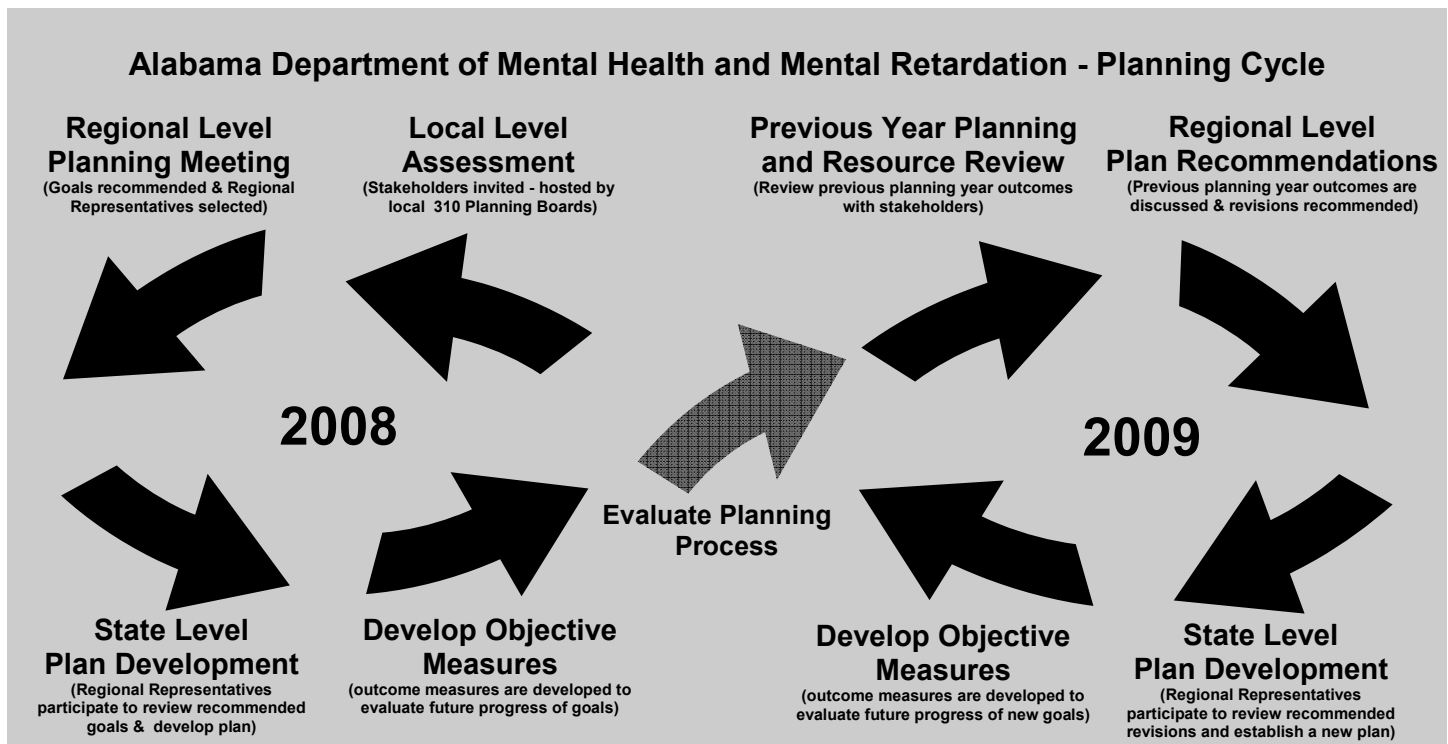
Alabama Department of Mental Health and Mental Retardation

Fiscal Year 2010 Planning Cycle

Substance Abuse Division - Outcome Report

Overview of the Department Planning Process

During 2008 the Department of Mental Health adopted a new planning process. Effort was made to involve more families and consumers than ever before. Participants identified needs, recommended potential solutions to the needs, and helped decide what priorities would be the focus during the coming years. This report is an overview of the Substance Abuse Division planning process that occurred during 2008 and the plan that was recommended for fiscal year 2010.



Substance Abuse Planning in 2008

Local Level Assessment - Local level assessment meetings were held in communities for consumers and families to identify substance abuse needs. 24 meetings were conducted, 732 needs statements were collected, and 93 people were recommended to represent their community at regional planning meetings.

Regional Level Planning - Regional level planning meetings allowed representatives to review substance abuse needs that were identified at the local assessments and recommend possible ways to resolve the needs. 7 regional level meetings were conducted with an average of 12 representatives participating at each meeting. 17 goals and 47 strategies were recommended for the Department to consider. Representatives were selected at the regional level to serve on the Substance Abuse Coordinating Subcommittee to discuss the goals and strategies that were recommended from each region.

State Level Plan Development - A State Plan was developed with input from Regional Representatives that were selected to serve on Coordinating Subcommittees. The Substance Abuse Division submitted their top three priorities to the Governor's Office.

Fiscal Year 2010 Substance Abuse Division Plan

The Substance Abuse Division plan was developed through a planning process that included family and consumer input at the local, regional, and state levels. The top three goals for the Substance Abuse Division were included in a report to the Governor's Office to help monitor progress for: adult continuum of care, child and adolescent continuum of care, and measuring outcomes. (see goals on this and the following page)

Goal for Adult Continuum of Care- *Where We Want to Go...*

By 2012, a continuum of outcome supported prevention, treatment, and recovery support services for adults will be available in every county.

Strategies for Adult Continuum of Care - *How We Want to Get There...*

- Establish rate models for substance abuse services delivery system that sufficiently support recruitment, hiring, and retention of qualified prevention, treatment, and recovery support workforce.
- Develop and implement written policies and procedures to guide and support the establishment of the American Society of Addiction Medicine continuum of care for adults throughout the State of Alabama.

Objectives for Adult Continuum of Care - *How We Know When We Get There...*

- In each of DMHMR's four substance abuse service delivery regions, a residential detoxification and outpatient detoxification program will be available.
 - Residential treatment beds for females with substance related disorders will be increased by 100% above the FY 2008 level.
 - Service rates utilized to provide reimbursement for DMHMR funded substance related disorder programs will meet or exceed average rates for comparable services in the southeast United States.
 - Increase by 5 each year the number of counties offering adult treatment services.
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Goal for Child and Adolescent Continuum of Care - *Where We Want to Go...*

By 2012, a continuum of outcome supported prevention, treatment, and recovery support services for children and adolescents will be available in every county.

Strategies for Child and Adolescent Continuum of Care - *How We Want to Get There...*

- Increase the availability of evidence based prevention services that have been established to meet needs identified by local communities.
- Develop non-detention adolescent residential treatment programs for substance related disorders.
- Develop and implement written policies and procedures to guide and support the establishment of the American Society of Addiction Medicine continuum of care for adolescents throughout the State of Alabama.

Objectives for Child and Adolescent Continuum of Care - *How We Know When We Get There...*

- Increase the number of community need-based prevention programs by 9 each year.
 - Add one male and one female child and adolescent non-detention residential program with continuing care services.
 - Increase the number of counties that have DMHMR certified co-occurring outpatient services for children and adolescents by 10.
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Goal for Measuring Outcomes - *Where We Want to Go...*

By 2012, prevention and treatment outcomes will be measured using the ten national outcome measures for substance abuse.

Strategies for Measuring Outcomes - *How We Want to Get There...*

- The National Outcome Measures will be included in the Alabama Substance Abuse Information system (ASAIS).

Objectives for Measuring Outcomes - *How We Know When We Get There...*

- Increase the percentage of clients reporting employment from admission to discharge.
 - Decrease the percentage of clients arrested from admission to discharge.
 - Increase the percentage of clients reporting abstinence from alcohol from admission to discharge.
 - Increase the percentage of clients reporting abstinence from illegal drugs from admission to discharge.
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From Planning to Practice

During substance abuse planning for fiscal year 2010, nine key areas were identified as priorities. Including the three key areas that became goals for the Substance Abuse Division, the nine identified priorities are: adult continuum of care, child and adolescent continuum of care, outcome measures, detoxification, outpatient services, residential services, prevention, screening, and rate structure.

Working towards positive outcomes for these priority areas will take collaboration within communities, across regions and between state agencies. It will require advocacy at the local, regional, state, and federal levels to secure dollars to support the priorities. Within the new planning process, the Department of Mental Health is working toward that end.

The Division of Substance Abuse Services has the responsibility for development, coordination, and management of a comprehensive system of treatment and prevention services for alcoholism/drug addiction and abuse. Responsibilities encompass contracting for services with local providers, monitoring service contracts, evaluating and certifying service programs according to departmental standards for substance abuse programs, and developing models for a continuum of treatment and prevention services.

Current Substance Abuse Practices

Alabama Substance Abuse Information System (AS AIS) is a web-based claims system designed to formalize client enrollment, improve the billing process, implement an outcome monitoring system, improve contract management, and provide a data warehouse allowing for easy access and data analysis for the substance abuse division. This system was implemented in 2008.

Substance Abuse Prevention and Treatment Standards are available to certify and monitor quality practices and define levels of care in the provision of evidence-based prevention and treatment services. Standards are being updated. Implementation of the newly revised standards is anticipated in 2009.

American Society of Addiction Medicine was used as a model for Alabama to work towards expanded treatment services and uniform screening, assessment and level of care determination during 2009.

State Incentive Grant is funding that Alabama received to coordinate substance abuse prevention dollars and develop a statewide strategy aimed at reducing drug use by youth. Funding was used to support twelve community coalitions as they developed a strategic plan that incorporates a range of effective community based prevention efforts. Counties include Barbour, Dallas, Elmore, Macon, Madison, Marshall, Mobile, Montgomery, Talladega, Tuscaloosa, Wilcox, and Winston.

The SYNAR Amendment requires States to have laws in place prohibiting the sale and distribution of tobacco products to persons under the age of 19 and to enforce those laws effectively. Compliance checks are facilitated collaboratively between the Department of Mental Health and Mental Retardation, the Alcoholic Beverage Control Board, and the Department of Public Health.

Alabama Commission for the Prevention and Treatment of Substance Abuse was established in 2004 under Executive Order #23 in order to make recommendations to foster collaboration, efficiency, and effectiveness among all state agencies regarding substance abuse activities.

Drug Courts were established in partnership with the Administrative Office of Courts to promote evidence-based, certified substance abuse treatment programs as an option for court referral.
